

Intermediate NVC Mediation 7-Week Series:

with John Kinyon and Ike Lasater

Wednesdays, April 29 – June 17, 2009, 3-6pm, BayNVC office, Oakland

Requested experience: Foundations of NVC Mediation training

To register: www.baynvc.org, 510-433-0700

This class series is for people who have already taken an NVC mediation workshop or class with John Kinyon or Ike Lasater. With a more experienced group the practice and learning will start at a more advanced level. The same learning structure will be used as in the Foundations of NVC Mediation trainings (see below), however, in this series there will be the opportunity to practice with more experienced participants and work with more challenging role plays. In terms of content, more complex, fluid, and subtle applications of the mediation model emerge as the learning and connection with fellow participants deepens.

This class offers experiential learning and skill-building practice with the mediation model of NVC and its application to conflict in all types of situations -- from organizational and community to personal relationships, in four mediation contexts – internal, interpersonal, informal, and formal – as well as pre and post mediation. The class provides a format of improvised triad role-plays and group harvesting of the learning. In the role plays, you have a chance to be in the role of mediator, disputant and observer, and receive invaluable learning and feedback from the disputant and observer roles, as well as in-the-moment coaching. You can then move into the mediator's chair and put into practice what you've just learned.

Nonviolent Communication (NVC) develops skills and consciousness for creating a quality of connection in which our natural compassion can flow, particularly when people are making this the most difficult to do, *and* are needing compassion the most. NVC was developed by Marshall Rosenberg, Ph.D. and is disseminated through the Center for Nonviolent Communication (CNVC) and it's over 230 trainers and thousands of others world-wide. For more info see, www.cnvc.org and www.johnkinyon.com, www.wordsthatwork.us.

Ike Lasater and John Kinyon
Mediation * Facilitation * Training * Coaching
www.wordsthatwork.us, www.jbksolutions.com