

NVC as Spiritual Practice

8 Week Teleclass

with John Kinyon

Tuesdays, 4:30-6pm Jan 13 – March 9, 2009

Requested experience: An NVC basics class/workshop or equivalent

Requested contribution: \$250 (sliding scale available if needed)

To register email schenak@comcast.net, or 510-222-5574

John Kinyon is a trainer of the Center for Nonviolent Communication and specializes in working with spiritual principles related to NVC. In this series, John offers a framework for using the four components of NVC – Observation, Feeling, Needs, and Request – as portals or doorways into spiritual presence, as well as language. John also integrates universal principles of spiritual action and effective living in the world.

Additional topics for the class are the Tao of Empathy, Personal and Transpersonal Dimensions of Needs, and Expressing from Presence. John also integrates perspectives on the evolution of human consciousness and habits of mind/ego.

About John Kinyon

John is a trainer of the Center for Nonviolent Communication (CNVC) and a co-founder of BayNVC. He specializes in mediation and Nonviolent Communication as spiritual practice and has offered training and facilitation to thousands of people around the world, including conflict resolution training to Afghan tribal elders along the Pakistani border in 2002. John works closely with founder Marshall Rosenberg, Ph.D., and is regularly invited to be a staff trainer with him at 9-day international intensive trainings. John has a background in clinical psychology and has started three businesses. He also incorporates a long study of spiritual practice and principles of nonviolence into his work, including study and practice of the work of Carl Rogers, Gandhi, Eckhart Tolle, Duane Elgin, Ken Wilber, David Whyte, Byron Katie, Deepak Chopra, Wayne Dyer, and Parmahansa Yogananda of Self-Realization Fellowship. John lives with his wife and three children in the San Francisco Bay Area. For more information about John and his work visit www.johnkinyon.com.